

New Faculty Bio

Name: Serita Porter

Position: Assistant Professor & Internship Coordinator

Department of: Health Science



Bio:

Serita began her professional career in mortgage banking; she spent ten years developing home ownership opportunities for unbanked populations. The health implications associated with housing ignited a career change through continued education. Graduate degrees in both public policy and health promotion coupled with numerous health and fitness certifications allowed her to facilitate interventions for targeted audiences, including cardiac rehab patients, middle-aged populations and university students. Serita's attention to the well-being of vulnerable populations is consistent throughout her career which also includes ten years in the health and fitness industry, primarily in a campus recreation setting. Her current doctoral research seeks to explore associations between campus recreation engagement and sense of belonging among students attending HBCUs.

Educational Background:

Bachelor of Science, Public Policy
Master of Arts, Public Policy
Master of Science, Health Promotion

Classes Taught:

HPR101 - Dimensions of Wellness
HSC397 - Internship Seminar
HSC399 - Health Science Internship
HSC495 - Independent Study

Research Interest:

sense of belonging, connectedness, campus recreation use, student outcomes, underrepresented students, college student retention, college student persistence, perceived well-being, student engagement, student development, motivators and barriers to exercise, chronic disease, social determinant of health

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